

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Roux Janse van  
Rensburg**

Has successfully participated & completed the

**15km Four Seasons @ the Cowhouse - Spring 2019**

held at Cowhouse Market.

**TIME 01:21:32**

**PACE 05:25/km**

**OVERALL 12 of 23**

**GENDER 11 of 17**

**40 - 49 4 of 6**

26 October 2019, Sat

Date



*BoutTime*

Signature

